

What's For Lunch?

Seniors' Menu

A vegetarian option is always available. Please advise the school office of any dietary requirements or food allergies. Menus may vary according to availability of fresh produce.

W/C 8.01.18	Main	Meat-free Ragu with Fusilli	Chipotle Chicken	Ham and Mushroom Carbonara	Shepherd's Pie, Peas and Carrots	Seafood Risotto, Mixed Salad
	Veg Option	As above	Chipotle Quorn	Mushroom & Pea Carbonara	Puy and Parsnip Pie	Bell Pepper Risotto
	Dessert	Choc Chip Cookie	Flapjack	Lemon Drizzle Cake	Fruit Crumble Traybake	Sticky Toffee Pudding
W/C 15.01.18	Main	Meat-free Lasagne, Mixed Salad	Savoury Minced Beef, Steamed Greens and Mash	Chicken and Mango Curry, Tomato and Pineapple Salsa	Jacket Potatoes with trimmings	Battered Cod, Peas and Roasted New Potatoes
	Veg Option	As above	Root Vegetable Stew	Sweet Potato Korma	As above	Macaroni Cheese
	Dessert	Shortbread with Yoghurt	Banana Bread	Apple and Caraway Biscuits	Oat and Choc Cookies	Brownies
W/C 22.01.18	Main	Vegetarian Curry, Salads	Chicken & Orange Tagine	Tartiflette, Rocket Salad	Bangers & Mash, Steamed Broccoli	AUSTRALIA DAY Fisherman's Pie, Peas and Carrots
	Veg Option	As above	Lentils and Pepper Tagine	Tartiflette Sans Porc	Veg version	Leek and Cheddar Bake
	Dessert	Chocolate Crisps	Anzac Cookie	Banana and Mango Bread	Apple and Ginger Biscuit	Lamingtons
W/C 29.01.18	Main	Lasagne, Salads	Cottage Pie, Steamed Carrots, Salads	Jamaican Chicken, Rice, Peas and Hot Sauce	Chorizo and Chickpea Soup, fresh Foccacia	Haddock Pasta Bake, Sweetcorn, Salads
	Veg Option	As above	Quorn Mince version	Five Peas and Rice	Lentil Hotpot	Kale and Goats Cheese Pie
	Dessert	Yoghurt & Shortbread	Blueberry Slice	Mint Fingers	Apricot Flapjack	Choc Chip Cookie
W/C 05.02.18	Main	MEXICAN CONSTITUTION DAY Chilli con Carne, Rice, Tortillas, Cheese, Salads	EARLY CHINESE NEW YEAR Sweet n Sour Pork Noodles, Salads	Beef Goulash, Seasonal Veg	Sausage Casserole, Seasonal Greens	EARLY PANCAKE DAY
	Veg Option	As above	Veg version	Veg version	Lentil Hotpot	As above
	Dessert	Yoghurt & Shortbread	Blueberry Slice	Banana Bread	Apricot Flapjack	Vanilla Cookie and Ice Cream